

Birdsley Health & Wellness Center

Symptom Survey

Please check all the boxes that you have been experiencing in the last 6-12 months. If you are taking medication to relieve a symptom, please check the box and write the medication next to the condition.

- Acne
- Aerobic Exercise 3+ days per Week
- Age Spots
- Alcohol / Drug Addiction
- Allergies
 - Environmental
 - Food
 - Medication
- Anemia
- Aneurysm
- Angina
- Antibiotic Treatment Last 12 Months
- Anxiety Disorder
- Arthritis
- Asthma
- Back Problems / Spinal
- Birth Control Pills
- Bladder Problems
- Bleeding Gums
- Blood Pressure Problem
 - High
 - Low
- Blood Sugar Problem
 - Hypoglycemia
 - Diabetes
- Brain Disorder
- Brain Trauma
- Breast – Tender
- Breast Lymph Node Enlargement
- Bruise Easily
- Bursitis
- Calcium Deposits
- Cancer
- Cardiac / Heart Condition
- Carpal Tunnel Syndrome
- Cataracts
- Charley Horses
- Chemical Toxicity
- Cholesterol Problems
- Cold Hands and Feet
- Colds – Frequent
- Congestion
- Constipation/Diarrhea
- Cough
- Dairy Intolerance
- Dental Problems
- Depression
- Dry Mouth
- Ear Infection
- Eating Disorder
- Edema (Swelling, Water Retention)
- Endometriosis
- Enlarged Breasts (Male)
- Epilepsy
- Eye Condition
- Fat Intolerance
- Fatigue
- Fibromyalgia
- Flabby Flesh
- Flu Symptoms
- Fracture
- Frequent Urination
- Food Poisoning
- Fungal Infection
- Gallbladder - Removed
- Gallbladder Problems
- Gas
- Gluten Intolerance
- Gout
- Hair Condition
- Heat Prostration
- Heavy Metal Toxicity
- Hepatitis
- Hemorrhoids
- Hernia
- Herpes
- Hives
- HIV/AIDS
- Homocystein – High
- Hormone Disorder
- Hormone Replacement Therapy
- Hyperactivity
- Immunity - Low
- Impotence
- Incontinence
- Indigestion / Reflux
- Infections
- Infertility

- Intestinal Disorder
- Insomnia
- Iron Deficiency
- Joint Symptoms
- Kidney Problems
- Kidney Stones
- Leukemia
- Liver Condition
- Lupus
- Lung Disorder
- Lymph Node Swelling
- Malnutrition
- Mastitis
- Memory Loss
- Menopausal Symptoms
- Menstrual Problems
- Mental Illness
- Mercury Fillings
- Migraines
- MS
- Mucous – Excessive
- Muscle Degeneration
- Muscle Fatigue
- Muscle Tone – Poor
- Nausea / Vomiting
- Nerve Degeneration
- Neuromuscular Disorder
- Night Blindness
- Nightmares
- Nipple Inflammation
- Nose Bleeds
- Numbness
- Osteoporosis
- Ovarian Tumors or Cysts
- Overweight
- Oxygen Problems
- Panic Attacks
- Parasites
- Parkinson’s Disease
- PMS
- Pneumonia
- Pregnant
- Prostate Problems
- Protein Disorder
- Protein in the Urine
- Red Blood Count – Low
- Rheumatoid Arthritis
- Ridged Nails
- Ringing in the Ears
- Salivary Disorders
- Scar Formation
- Secretion Problem
- Seizures
- Senility
- Sinus Problem
- Skin Disorder
- Sluggish Thought
- Smoker
- Snow Blindness
- Sprain/Strains - Chronic
- Strength Training 3+ Days per Week
- Stroke
- Sunburn
- Sun Sensitivity
- Sweat Gland Symptoms
- Thyroid Problem
- TMJ
- Toxemia
- Trace Mineral Deficiency
- Trauma
- Twitches
- Ulcers
- Urinary Tract Problems
- Uterine Cysts
- Uterine Prolapse
- Varicose Veins
- Vegetarian
- Venereal Disease
- Weight Loss
- Yeast Infection
- Other
- _____
- _____

If you checked more than 5 boxes, please go back and highlight or circle the top 5 that you are currently experiencing.

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