

Slowing the Decline of Parkinson's Patients

Important news for Parkinson's patients, their families and caregivers: A recent study has demonstrated that Coenzyme Q10, a simple nonprescription nutritional supplement, slows the deterioration in Parkinson's patients by 48% in one year of use. Medications like Sinemet, Mirapex, Requip, Artane, and Stalevo do not treat Parkinson's disease – they only treat the symptoms of this malady.

Now there is treatment not for the smoke, but for the fire. University of California researchers publishing in the *Archives of Neurology* (an American Medical Association publication) describe the profound effect this simple antioxidant has on slowing Parkinson's disease.¹

¹Schults CW., et al., Effects of coenzyme Q10 in early Parkinson's disease: evidence of slowing of the functional decline. *Arch Neurol.* 2002 Oct;59(10):1541-50

The most potent and effective form of CoQ10 is in the liquid Nanonized form. Studies indicate that by taking it as a liquid in the "Nanonized" form almost doubles the absorption rate; therefore 80 mg would be equivalent to 150 mg in tablet or capsule form. We have NanoCell-Q from Metagenics. It is a 30 day supply if you take 1 teaspoon per day (80 mg). Cost - \$35.